



























Champlain, Flynn, Integrated Arts Academy, Smith, Sustainability Academy

Lunch Menu - February 2012

Monday	Tuesday	Wednesday	Thursday	Friday	
 <p>FARM 2 SCHOOL BURLINGTON SCHOOL FOOD PROJECT</p>	<p>Vermont milk is served with every lunch.</p> <p>USDA is an equal opportunity employer.</p>		<p>1</p> <p>BURGER </p> <p>WHOLE WHEAT BUN ROASTED ROOTS FRUIT & VEGGIE BAR</p>	<p>2</p> <p>BEEF OR BEAN SOFT TACO </p> <p>RICE & BEANS FRUIT & VEGGIE BAR</p>	<p>3</p> <p>SPAGHETTI </p> <p>MEAT SAUCE OR  MARINARA WHOLE WHEAT ROLL FRUIT & VEGGIE BAR</p>
<p>6</p> <p>CHICKEN PATTY </p> <p>WHOLE WHEAT BUN BAKED POTATO FRUIT & VEGGIE BAR</p>	<p>7</p> <p> </p> <p>PIZZA FRUIT & VEGGIE BAR</p>	<p>BURGER </p> <p>WHOLE WHEAT BUN ROASTED ROOTS FRUIT & VEGGIE BAR</p>	<p>9</p> <p> </p> <p>SESAME CHICKEN RICE WHOLE WHEAT ROLL FRUIT & VEGGIE BAR</p>	<p>10</p> <p></p> <p>MACARONI & CHEESE WHOLE WHEAT ROLL FRUIT & VEGGIE BAR</p>	
<p>13</p> <p>CHICKEN PATTY </p> <p>WHOLE WHEAT BUN BAKED POTATO FRUIT & VEGGIE BAR</p>	<p>  </p> <p>PIZZA FRUIT & VEGGIE BAR</p>	<p>15</p> <p>*EARLY RELEASE* </p> <p>TURKEY & CHEESE WHOLE WHEAT BREAD VEGGIE STICKS FRESH FRUIT</p>	<p>16</p> <p></p> <p>TANDOORI CHICKEN RICE WHOLE WHEAT ROLL FRUIT & VEGGIE BAR</p>	<p>17</p> <p> </p> <p>VT MEATBALL SUB WHOLE WHEAT BUN FRUIT & VEGGIE BAR</p>	
<p>20</p> <p>CHICKEN PATTY </p> <p>WHOLE WHEAT BUN ROASTED ROOTS FRUIT & VEGGIE BAR</p>	<p>21</p> <p> </p> <p>PIZZA FRUIT & VEGGIE BAR</p>	<p>22</p> <p></p> <p>MACARONI & CHEESE WHOLE WHEAT ROLL FRUIT & VEGGIE BAR</p>	<p>23</p> <p></p> <p>CURRIED CHICKEN RICE WHOLE WHEAT ROLL FRUIT & VEGGIE BAR</p>	<p>24</p> <p>SPAGHETTI </p> <p>MEAT SAUCE OR MARINARA WHOLE WHEAT ROLL FRUIT & VEGGIE BAR</p>	

PLEASE NOTE: MENUS ARE SUBJECT TO CHANGE
MENU IS AVAILABLE @
www.burlingtonschoolfoodproject.org

