

BURLINGTON SCHOOL FOOD PROJECT

2018 SUMMER MEALS

ONSITE LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Patty on a Bun Sweet Potato Fries	PIZZA DAY! Cheese, Veggie or Turkey Pepperoni	Spaghetti & Meatballs Seasonal Vegetables	Buffalo Chicken Quesadillas with Cheese, Salsa, Sour Cream & Beans	Turkey Hot Dog on a Bun Baked Beans
BBQ Chicken Mashed Potatoes Whole Wheat Roll	PIZZA DAY! Cheese, Veggie or Buffalo Chicken	Mac & Cheese Seasonal Vegetables	Chicken or Bean Nachos with Cheese, Salsa, Sour Cream	Grilled Chicken Sandwich Roasted Potatoes
Chicken Nuggets Wedge Fries	PIZZA DAY! Cheese, Veggie or Turkey Pepperoni	Cheesy Chicken Sub Seasonal Vegetables	Buffalo Chicken Quesadillas with Cheese, Salsa, Sour Cream & Beans	Turkey Meatball sub Honey Glazed Carrots
Misty Knoll Cold Chicken Drumsticks Dinner Roll Roasted Roots	PIZZA DAY! Cheese, Veggie or Buffalo Chicken	Cheese Ravioli Seasonal Vegetables	Cheesy Breadsticks with Marinara Seasonal Vegetables	VT Hamburger or Cheeseburger & Roasted Potatoes

*Each Onsite Lunch meal includes a daily Salad Bar, fruit and milk.
This menu will repeat every four weeks during the Summer Session.*



ONSITE BREAKFAST MENU

Cereal Bowl & String Cheese	Bagel & Cream Cheese	Cherry Frudel	Yogurt & Graham Crackers	Whole Wheat Breakfast Bar
Cereal Bowl & String Cheese	Go Big Yogurt Tube & Graham Crackers	Fruit Bread	Bagel & Cream Cheese	Zee Zee Bar

*Each Breakfast meal includes a fruit and milk.
This menu will repeat every two-weeks during the Summer Session.*

Menu items are subject to change without notice.

We offer a variety of choices every day. Vegetarian/Vegan options available upon request.

For more information, please contact us at (802) 864-8415 or schoolfood@bsdvt.org

<http://burlingtonschoolfoodproject.org>

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