

Call to Order-3:35

Attendance:

Mariah Sanderson-substance abuse prevention

Elise Mongeon-lead district nurse IAA

Laura Nugent

Deb Anger-Health Teacher Hunt-Wellness coordinator for district, over sees VEHI wellness for staff program

Emily Fredette- school health specialist at VDH

Doug Davis

Sarah Heusner

Angela?

Review requirements

- Policy was reduced in size as district decided to have them all be one page long
- Use stripped policy to develop procedure to accompany our policy
- Current policy C9 adopted October 2017
- WSCC-whole school, child, community model

Reporting

- Discussed the question of who would be responsible for submitting an assessment and report
- Who is responsible for enforcing the school health and wellness policy
 - BSFP can enforce most of the nutrition part but not all of it

Assessment of progress towards meeting policy

- Separate from School Health Index or worksite wellness assessments
- Would be our team assessing how well we are meeting our own policy

Our path for the year

- Assess the current policy for compliance
 - Create updates for admin
 - Submit our recs to Laura and exec committee
 - Get timeline for when we can expect approval/ratification
- Find previous, highly lauded wellness policy that was stripped down when the VT School Board association suggested school policies be trimmed
 - Use this to draft procedures that will accompany our official policy
- Decide as a group how we want to distribute this to district
 - How will it be enforced
- Recommendation to district to have a paid school health/wellness coordinator?
- Laura will bring anything we want to exec council, would also be a good idea to have a board member on the group
- Establish next meetings
- We still need: previous assessment of the wellness policy, previous board meetings
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Have Emily assess wellness policy using wellSat tool. Have them do School Health Index as well