

**BURLINGTON SCHOOL FOOD PROJECT**

**October 2019 Snack Menu**

Available at: J.J. Flynn, C.P. Smith, Integrated Arts Academy, Sustainability Academy,  
Champlain, Edmunds, Hunt, The Boys and Girls Club, & King Street Center

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
09/30/2019 Yoplait Go Big Graham Crackers	10/01/2019 Sunflower Seeds Kix Cereal for pre-K Fresh Veggie Sticks Ranch Dipping Cup	10/02/2019 Annie's Graham Crackers Honey Bunnies String Cheese	10/03/2019 Whole Grain Goldfish Dried Tropical Fruit Piece of Fruit	10/04/2019 Heartzel WG Pretzels Fresh Veggie Sticks Ranch Dipping Cup
10/07/2019 Chocolate Chip Crisps String Cheese	10/08/2019 Blueberry Muffin Piece of Fruit Dried Tropical Fruit	10/09/2019 Yoplait Go Big Graham Crackers	10/10/2019 WG Cheddar Chex Mix Fresh Veggie Sticks Ranch Dipping Cup	10/11/2019 Animal Crackers Piece of Fruit Dried Tropical Fruit
10/14/2019 Yoplait Go Big Graham Crackers	10/15/2019 Sunflower Seeds Kix Cereal for pre-K Fresh Veggie Sticks Ranch Dipping Cup	10/16/2019 Annie's Graham Crackers Honey Bunnies String Cheese	10/17/2019 Whole Grain Goldfish Dried Tropical Fruit Piece of Fruit	10/18/2019 Heartzel WG Pretzels Fresh Veggie Sticks Ranch Dipping Cup
10/21/2019 Annie's Graham Crackers Honey Bunnies String Cheese	10/22/2019 Blueberry Muffin Piece of Fruit Dried Tropical Fruit	10/23/2019 Yoplait Go Big Graham Crackers	10/24/2019 WG Cheddar Chex Mix Fresh Veggie Sticks Ranch Dipping Cup	10/25/2019 Animal Crackers Piece of Fruit Dried Tropical Fruit
10/28/2019 Yoplait Go Big Graham Crackers	10/29/2019 Sunflower Seeds Kix Cereal for pre-K Fresh Veggie Sticks Ranch Dipping Cup	10/30/2019 Annie's Graham Crackers Honey Bunnies String Cheese	10/31/2019 Whole Grain Goldfish Dried Tropical Fruit Piece of Fruit	11/01/2019 Heartzel WG Pretzels Fresh Veggie Sticks Ranch Dipping Cup

*Menu items are subject to change without notice.*

**All grains offered are whole grain rich!**

For more information, please contact us at (802) 864-8415 or [schoolfood@bsdvt.org](mailto:schoolfood@bsdvt.org).

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