

FAMILY MEAL KIT PICK UP!

FREE FOR ALL KIDS 18 AND UNDER!

Available every Wednesday and Friday afternoon

-Adults can pick up for children-

WHERE AND WHEN

3:00 PM-4:30 PM

BHS Parking Lot
Sustainability Academy
Champlain Parking Lot

5:00 PM - 6:00 PM

Boys and Girls Club of
Burlington

What's in a Meal Kit?
Here's a sample menu!

Ready to Eat Treats!

Turkey &
Cheese
Sandwich
SunButter
& Jelly
Graham
Crackers

Kitchen Staples

Sliced Bread
American &
Cheddar
Cheese
Hard boiled
Eggs
Cereal

Heat & Eat Meals

Mac & Cheese
Salisbury
Steak
Roast Turkey
Pasta w/
sauce
Veggie Chili

Cold Drinks

Gallon 1%
Milk
½ Gallon 1%
Chocolate
Milk
Assorted
100% Juice
Cups

Fresh Produce

Carrots
Local Tomatoes
Local Lettuce
Green Grapes
Local Apples
**Local when
available!**



Menu subject to
change

Contact 802-864-8416 for more information or if you are unable to visit
these pick up sites

**BURLINGTON
SCHOOL
FOOD
PROJECT**

