

BURLINGTON SCHOOL FOOD PROJECT

Elementary & Middle School Lunch Menu – January

For more information, please contact us at (802) 864-8415 or schoolfood@bsdvt.org

Menu items subject to change without notice

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Students can choose entrée of the day OR select an alternate entrée: Chef Salad, Turkey and Cheese, Cheese or PB&J Sandwich

Monday	Tuesday	Wednesday	Thursday	Friday
01/04/2021 Grilled Cheese Sandwich Veggie Sticks Homemade Hummus Chef Choice Veggie	01/05/2021 Pizza Day Cheese, Veggie or Special Caesar Salad Chef Choice Veggie	01/06/2021 Remote Day	01/07/2021 Chicken & Cheese Burrito PYO toppings Seasoned Beans Mozzarella Cheese	01/08/2021 Goulash(Pasta w/VT Beef) Dinner Roll Roasted Broccoli
01/11/2021 Crunchy Fish Sticks! Dinner Roll Roasted Roots Chef Choice Veggie	01/12/2021 Cheesy Breadsticks Bove's Marinara Caesar Salad Chef Choice Veggie	01/13/2021 Remote Day	01/14/2021 Teriyaki Chicken Strips Vegetable Lo Mein Vegetable Egg Roll Chef Choice Veggie	01/15/2021 Spaghetti & Meatballs* Bove's Marinara Mozzarella Cheese Dinner Roll Cucumber Wheels Chef Choice Veggie
01/18/2021 Crispy Chicken Nuggets Vegetarian Rice Pilaf Chef Choice Veggie	01/19/2021 Pizza Day Cheese, Veggie or Special Caesar Salad Chef Choice Veggie	01/20/2021 Remote Day	01/21/2021 Cheese/Chicken Quesadilla Grilled Chicken Strips Shredded Cheddar Onions & Peppers Seasoned Black Beans	01/22/2021 Mac & Cheese Dinner Roll Roasted Broccoli Chef Choice Veggie
01/25/2021 VT Beef Burger W/ Cheese Cheeseburger Roasted Roots Chef Choice Veggie	01/26/2021 Cheesy Breadsticks Bove's Marinara Caesar Salad Chef Choice Veggie	01/27/2021 Remote Day	01/28/2021 Herb Roasted Chicken Boneless Strips for PreK Vegetarian Rice Pilaf Roasted Roots Chef Choice Veggie	01/29/2021 English Muffin Sandwich w/ Egg & Cheese Roasted Roots Strawberry Cup Chef Choice Veggie
02/01/2021 Crispy Chicken Sandwich Sweet Potato Fries Chef Choice Veggie	02/02/2021 Pizza Day Cheese, Veggie or Special Caesar Salad Chef Choice Veggie	02/03/2021 Remote Day	02/04/2021 VT Beef Taco Boat Shredded Cheddar Onions & Peppers Seasoned Beans	02/05/2021 Vegetarian Baked Ziti Dinner Roll Garlic Kale Greens Chef Choice Veggie