## BURLINGTON SCHOOL FOOD PROJECT

## Elementary & Middle School Lunch Menu- February 2022

For more information, please contact us at (802) 864-8415 or schoolfood@bsdvt.org

Monday	Tuesday	Wednesday	Thursday	Friday
01/31/2022 Crispy Chicken Sandwich or Veggie Burger Sweet Potato Fries Chef Choice Veggie Choice of Fruit	02/01/2022 French Toast w/ Syrup Scrambled Eggs Roasted Potatoes Strawberry Cup Chef Choice Veggie Choice of Fruit	02/02/2022 Pizza Day Cheese, Veggie or Special Caesar Salad Chef Choice Veggie Choice of Fruit	02/03/2022 Chicken & Cheese Burrito or Bean & Cheese Burrito Seasoned Beans Mozzarella Cheese Choice of Fruit	02/04/2022 Goulash(Pasta w/VT Beef) Dinner Roll Roasted Broccoli Choice of Fruit
02/07/2022 VT Beef Burger W/ Cheese or Veggie Burger Roasted Roots Chef Choice Veggie Choice of Fruit	02/08/2022 BBQ Pulled Pork Sandwich BBQ Chicken Sandwich Roasted Corn Seasonal Veggie Slaw Piece of Fruit	02/09/2022 Pizza Day Cheese, Veggie or Special Caesar Salad Chef Choice Veggie Choice of Fruit	02/10/2022 Cheese/Chicken Quesadilla Grilled Chicken Strips Shredded Cheddar Onions & Peppers Seasoned Black Beans Choice of Fruit	02/11/2022 Vegetarian Baked Ziti Dinner Roll Garlic Kale Greens Chef Choice Veggie Choice of Fruit
02/14/2022 Herb Roasted Chicken Boneless Strips for PreK or Seasoned Tofu Vegetarian Rice Pilaf Roasted Broccoli Chef Choice Veggie Choice of Fruit	02/15/2022 Spaghetti & Meat Sauce Mozzarella Cheese Dinner Roll Cucumber Wheels Chef Choice Veggie Choice of Fruit	02/16/2022 Cheesy Breadsticks Marinara Sauce Caesar Salad Chef Choice Veggie Choice of Fruit	02/17/2022 Roast Turkey & Gravy Dinner Roll Mashed Potatoes Stuffing Chef Choice Veggie Cranberry Sauce Chef Salad	02/18/2022 Grilled Cheese Sandwich Tomato Soup Chef Choice Veggie Choice of Fruit
02/21/2022 NO SCHOOL TODAY	02/22/2022 NO SCHOOL TODAY	02/23/2022 NO SCHOOL TODAY	02/24/2022 NO SCHOOL TODAY	02/25/2022 NO SCHOOL TODAY
02/28/2022 NO SCHOOL TODAY	03/01/2022 NO SCHOOL TODAY	03/02/2022 Cheesy Breadsticks Marinara Sauce Caesar Salad Chef Choice Veggie Choice of Fruit	03/03/2022 Chicken & Cheese Burrito or Bean & Cheese Burrito Seasoned Beans Mozzarella Cheese Choice of Fruit	03/04/2022 Goulash(Pasta w/Beef) Veggie option available Dinner Roll Roasted Broccoli Choice of Fruit

Menu items are subject to change without notice.

Offered Daily: Fat-Free Flavored, Fat-Free Unflavored, and 1% Unflavored Milk, Daily Fresh Fruits and Veggies!

All grains offered are Whole Grain Rich!

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