

**BURLINGTON SCHOOL FOOD PROJECT**

**Elementary & Middle School-Breakfast in the Classroom -**

| <b>Monday</b>   | <b>Tuesday</b>  | <b>Wednesday</b>   | <b>Thursday</b>   | <b>Friday</b>  |
|---|---|--|---|--|
|   | 01/03/2023<br>Bagel & Cream Cheese<br>Cinnamon Raisin or Plain<br>Choice of Fruit<br>Assorted Juice | 01/04/2023<br>Assorted Cereals<br>String Cheese<br>Choice of Fruit<br>Assorted Juice | 01/05/2023<br>Fruit Bread<br>(Berry, Banana, Zucchini)<br>Choice of Fruit<br>Assorted Juice | 01/06/2023<br>Maple Mini Pancakes<br>String Cheese<br>Fruit Selection                            |
| 01/09/2023<br>Whole Wheat Breakfast Bar<br>String Cheese<br>Choice of Fruit<br>Assorted Juice | 01/10/2023<br>Fruit Bread<br>(Berry, Banana, Zucchini)<br>Choice of Fruit<br>Assorted Juice         | 01/11/2023<br>GRANOLA<br>Danimals Yogurt Cup<br>Choice of Fruit<br>Assorted Juice    | 01/12/2023<br>Assorted Cereals<br>String Cheese<br>Choice of Fruit<br>Assorted Juice        | 01/13/2023<br>Muffin<br>Apple or Blueberry<br>Choice of Fruit<br>Assorted Juice                  |
| 01/16/2023<br>Blueberry Mini Waffles<br>Sunflower Seeds<br>Choice of Fruit<br>Assorted Juice  | 01/17/2023<br>Cinnamon Graham Crackers<br>Danimals Yogurt Cup<br>Choice of Fruit<br>Assorted Juice  | 01/18/2023<br>Assorted Cereals<br>String Cheese<br>Choice of Fruit<br>Assorted Juice | 01/19/2023<br>Fruit Bread<br>(Berry, Banana, Zucchini)<br>Choice of Fruit<br>Assorted Juice | 01/20/2023<br>Bagel & Cream Cheese<br>Cinnamon Raisin or Plain<br>Fruit Selection<br>Fresh Fruit |
| 01/23/2023<br>Yogurt & Graham Crackers<br>Fruit Selection                                     | 01/24/2023<br>Bagel & Cream Cheese<br>Cinnamon Raisin or Plain<br>Choice of Fruit<br>Assorted Juice | 01/25/2023<br>Assorted Cereals<br>String Cheese<br>Choice of Fruit<br>Assorted Juice | 01/26/2023<br>Fruit Bread<br>(Berry, Banana, Zucchini)<br>Choice of Fruit<br>Assorted Juice | 01/27/2023<br>Maple Mini Pancakes<br>String Cheese<br>Fruit Selection                            |
| 01/30/2023<br>Whole Wheat Breakfast Bar<br>String Cheese<br>Choice of Fruit<br>Assorted Juice | 01/31/2023<br>Fruit Bread<br>(Berry, Banana, Zucchini)<br>Choice of Fruit<br>Assorted Juice         |  |   |  |

**Menu items are subject to change without notice.**

**Offered Daily: Fat-Free Flavored, Fat-Free Unflavored, and 1% Unflavored Milk, & Asst. Fruits!**

**All grains offered are Whole Grain Rich!**

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