



- 2023 -



# MARCH

**Kitchen Supervisor- Holly Thompson**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<b>1</b>	No School	<b>2</b>	No School	<b>3</b>	No School
<b>4</b>	No School	<b>5</b>	No School	<b>6</b>	No School
<b>8</b>	<b>Cheesy Bread Sticks</b> Marinara Sauce Buttery Green Beans Kiwi Halves  Salad Bar & Milk	<b>9</b>	<b>Quesadillas</b> Cheese or Chicken Roasted Cauliflower Black Beans & Rice  Salad Bar & Milk	<b>10</b>	<b>Breakfast for Lunch</b> Chicken Sausage, Egg & Cheese Sandwich Maple Sweet Potatoes Oranges  Salad Bar & Milk
<b>13</b>	<b>Nacho Day</b> Beef or Black Bean Roasted Corn Rice  Salad Bar & Milk	<b>14</b>	<b>Fish Sandwich</b> w/ Tartar Sauce Maple Roasted Carrots Fruit Salad  Salad Bar & Milk	<b>15</b>	<b>Orange Chicken</b> Fried Vegetable Rice Garlic Roasted Broccoli  Salad Bar & Milk
<b>16</b>	<b>PIZZA DAY</b> Buffalo Chicken or Cheese Pink Grapefruit  Salad Bar & Milk	<b>17</b>	<b>BBQ Pork Sandwich</b> Buttered Green Beans Seasoned Potato Wedges  Salad Bar & Milk	<b>18</b>	No School
<b>20</b>	<b>Beef Burger or Black Bean Burger</b> w/ Cabot Cheese Maple Baked Beans Steak Fries  Salad Bar & Milk	<b>21</b>	<b>Roasted Chicken</b> Curried Cauliflower Crunchy Slaw Roll  Salad Bar & Milk	<b>22</b>	<b>Beef Shepherd's Pie</b> Green Beans Biscuit  Salad Bar & Milk
<b>23</b>	<b>Grab &amp; Go Lunch</b> Deli Sandwich Sun Chips Local Apple  <b>(Half Day)</b>	<b>24</b>	No School	<b>25</b>	No School
<b>27</b>	<b>Chicken Patty Sandwich or Black Bean Burger</b> Sweet Potato Fries Roasted Broccoli  Salad Bar & Milk	<b>28</b>	<b>Turkey Taco Pie</b> Buttery Corn Garden Salad W/Maple Balsamic Dressing  Salad Bar & Milk	<b>29</b>	<b>Minestrone Soup w/ Cabot Grilled Cheese</b> Fruit Salad  Salad Bar & Milk
<b>30</b>	<b>Turkish Chicken</b> w/ Pita Cucumber Sauce Chickpea Salad  Salad Bar & Milk	<b>31</b>	<b>Mac &amp; Cheese</b> Steamed Vegetables Baby Kale Caesar  Salad Bar & Milk	<b>31</b>	No School

## Integrated Arts Academy

### FFVP this month

The Fresh Fruit and Vegetable Program will offer students up the chance to try: Jicama, Endive & Passionfruit, this month.



### Maple Sugaring Month

The taps are flowing in the month of March and our sugar-makers are hard at work. We are showcasing syrup from the **Couching Lion** sugar bush in Huntington, VT.



Vegetarian options are available daily. Just ask your wonderful cooks.