

- 2023 -
MAY

Kitchen Manager: Jo Robinson

**Edmunds Elementary
& Middle**

**HAPPY
SPRING!**



Check out the native pollinator gardens near the EES playground. Creating safe spaces for our buzzing friends ensures healthy food for our future

What is Tajin?

A spicy and tart seasoning popular in Mexico. Delicious sprinkled on mangoes, melons & cucumbers.

Vegetarian options are available daily. Just ask your wonderful cooks.



MONDAY

1 Chicken Patty Sandwich or Black Bean Burger
Roasted Broccoli

Salad Bar & Milk

8 Cheesy Bread Sticks
Marinara Sauce
Buttered Green Beans

Salad Bar & Milk

15 Penne Alfredo
Steamed Vegetable
Garlic Bread

Salad Bar & Milk

22 Fish Sandwich
Potato Wedges
Crunchy Slaw

Salad Bar & Milk

29

NO SCHOOL

TUESDAY

2 **TACO TUESDAY**
Fish or Bean Tacos
Zesty Sweet Potatoes
Chipotle Ranch Slaw

Salad Bar & Milk

9 VT Shepherd's Pie
Biscuit
Garlicky Broccoli

Salad Bar & Milk

16 VT Beef or Black Bean Burger
Steak Fries
Creamy Slaw

Salad Bar & Milk

23 Turkey Taco Pie
Buttery Corn
Mango w/ Tajin

Salad Bar & Milk

30 Turkish Chicken w/ Pita
Cucumber Sauce
Chickpea Salad

Salad Bar & Milk

WEDNESDAY

3 **Breakfast for Lunch**
Chicken Sausage, Egg & Cheese Sandwich
Maple Sweet Potatoes

Salad Bar & Milk

10 **Grab & Go Lunch**
Deli Sandwich
Sun Chips
Apple Sauce

EARLY RELEASE DAY

17 Herb Roasted Chicken
Curried Cauliflower
Whole Wheat Roll

Salad Bar & Milk

24 VT Sloppy Joe
Baked Sweet Potato w/ Cinnamon

Salad Bar & Milk

31 VT Beef Goulash
Roasted Broccoli
Whole Wheat Roll

Salad Bar & Milk

THURSDAY

4 Orange Chicken
Seasoned Rice w/ Vegetables

Salad Bar & Milk

11 **NACHO DAY**
VT Beef & Black Beans
Roasted Corn
Rice

Salad Bar & Milk

18 Cabot Grilled Cheese w/ Minestrone Soup
Citrus Wedges

Salad Bar & Milk

25 All Beef Hotdogs
Vegetarian Chili
Roasted Broccoli

Salad Bar & Milk

FRIDAY

5 **PIZZA DAY**
BBQ Chicken or Cheese
Caesar Salad
Chickpea Croutons

Salad Bar & Milk

12 **BBQ Pork Sandwich**
Potato Wedges
Pineapple

Salad Bar & Milk

19 Chicken Tenders
Maple Baked Beans
Spring Garden Salad

Salad Bar & Milk

26 Lasagna
Steamed Vegetables
Garlic Bread

Salad Bar & Milk