

- 2024 -

# JANUARY

Kitchen Supervisor- Dawn Hathaway

## Sustainability Academy



### DAILY VEGETARIAN OFFERINGS:

**MONDAYS-** Meatless Nuggets

**TUESDAYS-** Black Bean Burger

**WEDNESDAYS-** Meatless Chicken Patty

**THURSDAYS-** Veggie Grillers

**FRIDAYS-** Vegetarian Chili



### MONDAY

**1**  
**NO SCHOOL**

**8**  
**Cheesy Breadsticks**  
Marinara Sauce  
Seasoned Vegetable Medley  
Sliced Pears  
  
Salad Bar & Milk

**15**  
**NO SCHOOL**

**22**  
**Cheese Lasagna**  
Roasted Broccoli  
Garlic Bread  
  
Salad Bar & Milk

**29**  
**BBQ Chicken Sandwich**  
Cinnamon Sweet Potato  
Rainbow Slaw  
  
Salad Bar & Milk

### TUESDAY

**2**  
**Crispy Chicken Sandwich**  
Sweet Potato Waffle  
Fries  
Roasted Broccoli  
  
Salad Bar & Milk

**9**  
**All Beef Hotdog**  
Vegetarian Chili  
Roasted Butternut Squash  
  
Salad Bar & Milk

**16**  
**VT PIZZA DAY**  
Buffalo Chicken or Cheese  
Caesar Salad  
Roasted Chickpeas  
  
Salad Bar & Milk

**23**  
**Crispy Chicken Tenders**  
Maple Baked Beans  
Spinach, Apple & Cheddar Salad  
  
Salad Bar & Milk

**30**  
**NACHO DAY!**  
Seasoned Beef and/or Black Beans  
Cheese Sauce  
Roasted Corn  
  
Salad Bar & Milk

### WEDNESDAY

**3**  
**Teriyaki Chicken**  
Vegetable Rice  
Garlicky Peas  
  
Salad Bar & Milk

**10**  
**Turkey Tacos**  
Black Beans  
Cheese, Lettuce & Tomato  
Roasted Corn  
  
Salad Bar & Milk

**17**  
**Herb Roasted Chicken**  
Maple Roasted Butternut Squash  
WW Biscuit  
  
Salad Bar & Milk

**24**  
**Breakfast for Lunch**  
Chicken Sausage, Egg & Cheese  
-or- Egg & Cheese Sandwiches  
Hashbrown Patty  
Salad Bar & Milk

**31**  
**Breaded Fish Sticks**  
Tartar Sauce  
Roasted Potato Wedges  
Garlic Peas  
  
Salad Bar & Milk

### THURSDAY

**4**  
**Sloppy Joe**  
Baked Potato  
Creamy Slaw  
  
Salad Bar & Milk

**11**  
**Chicken & Waffles**  
Crispy Chicken  
Waffles w/ VT Maple Syrup  
Roasted Green Beans  
  
Salad Bar & Milk

**18**  
**Cabot Grilled Cheese**  
Tomato Soup  
Curry Roasted Cauliflower  
  
Salad Bar & Milk

**25**  
**Turkey Meatball Sub**  
Sweet Potato Waffle  
Fries  
Caesar Salad  
  
Salad Bar & Milk

### FRIDAY

**5**  
**VT Mac & Cheese**  
Caesar Salad  
Roasted Chickpeas  
  
Salad Bar & Milk

**12**  
**Baked Ziti**  
Roasted Broccoli  
Garlic Bread  
Cottage Cheese & Fruit  
  
Salad Bar & Milk

**19**  
**Beef & Broccoli**  
Edamame & Carrot  
Salad  
Rice  
  
Salad Bar & Milk

**26**  
**Quesadilla**  
Cheese or Chicken  
Roasted Corn & Peppers  
Black Beans & Rice  
  
Salad Bar & Milk