

- 2024 -

# FEBRUARY

Kitchen Supervisor- Cindy Gordon

## Sustainability Academy

**Turkish Chicken (Shawarma)** is a blend of cumin, cardamom, coriander and paprika. This dish is based on a Middle Eastern street food. Enjoy it with Cucumber Sauce (Tzatziki) and a Flatbread (Pita).



### DAILY VEGETARIAN OFFERINGS:

**MONDAYS-** Meatless Nuggets

**TUESDAYS-** Black Bean Burger

**WEDNESDAYS-** Meatless Chicken Patty

**THURSDAYS-** Veggie Grillers

**FRIDAYS-** Vegetarian Chili

### MONDAY

**5** **Cheesy Lasagna**  
Steamed Vegetables  
Garlic Bread  
  
Salad Bar & Milk

**12** **Chicken Fillet Sandwich**  
Sweet Potato Waffle Fries  
  
Salad Bar & Milk

**19** **Cheesy Bread Sticks**  
Marinara Sauce  
Seasoned Vegetables  
Pears  
  
Salad Bar & Milk

**26**  
  
No School

### TUESDAY

**6** **VT Beef Burgers**  
Cheese  
Creamy Ranch Slaw  
Mango  
  
Salad Bar & Milk

**13** **Teriyaki Chicken**  
Vegetable Fried Rice  
Peas  
  
Salad Bar & Milk

**20** **Chicken Tenders**  
Baked Potato  
Creamy Slaw  
WW Biscuit  
  
Salad Bar & Milk

**27**  
  
No School

### WEDNESDAY

**7** **Roasted BBQ Chicken**  
Cauliflower  
Maple Baked Beans  
WW Biscuit  
  
Salad Bar & Milk

**14** **Corn Dog**  
Vegetarian Chili  
Roasted Butternut Squash  
Strawberry Ice Cream  
 Salad Bar & Milk

**21** **Turkey Tacos**  
Black Beans  
Shredded Cheese  
Lettuce & Tomato  
Roasted Corn  
  
Salad Bar & Milk

**28**  
  
No School

### THURSDAY

**1** **Orange Chicken**  
Vegetable Rice  
Garlicky Broccoli  
  
Salad Bar & Milk

**8** **Turkish Chicken**  
Cucumber Sauce  
Hummus  
Tomato Salad  
Flatbread  
  
Salad Bar & Milk

**15** **VT PIZZA DAY**  
Turkey Bacon  
or Cheese  
Caesar Salad  
Roasted Chickpeas  
  
Salad Bar & Milk

**22** **Chicken & Waffles**  
VT Maple Syrup  
Roasted Green Beans  
Frozen Blueberries  
  
Salad Bar & Milk

**29**  
  
No School

### FRIDAY

**2** **VT PIZZA DAY**  
**BBQ Chicken or Cheese**  
Caesar Salad  
Cottage Cheese & Pineapple  
Salad Bar & Milk

**9** **Chicken Sausage, Egg & Cheese or Egg & Cheese Sandwich**  
Hashbrown Patty  
Sliced Oranges  
  
Salad Bar & Milk

**16** **VT Mac & Cheese**  
Roasted Broccoli  
Cinnamon Apple Sauce  
  
Salad Bar & Milk

**23** **Cabot Grilled Cheese**  
Tomato Soup  
Roasted Edamame  
  
Salad Bar & Milk

**BURLINGTON SCHOOL FOOD PROJECT**

