

- 2024 -

# FEBRUARY

Kitchen Supervisor- Edith Ducharme

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### Smith Elementary School

#### Turkish Chicken (Shawarma)

is a blend of cumin, cardamom, coriander and paprika. This dish is based on a Middle Eastern street food. Enjoy it with Cucumber Sauce (Tzatziki) and a Flatbread (Pita).



**5** Cheesy Lasagna  
Steamed Vegetables  
Garlic Bread  
  
Salad Bar & Milk

**6** VT Beef Burgers  
Cheese  
Creamy Ranch Slaw  
Mango  
  
Salad Bar & Milk

**7** Roasted BBQ Chicken  
Cauliflower  
Maple Baked Beans  
WW Biscuit  
  
Salad Bar & Milk

**8** Turkish Chicken  
Cucumber Sauce  
Hummus  
Tomato Salad  
Flatbread  
  
Salad Bar & Milk

**9** Chicken Sausage, Egg & Cheese or Egg & Cheese Sandwich  
Hashbrown Patty  
Sliced Oranges  
  
Salad Bar & Milk

**12** Chicken Fillet Sandwich  
Sweet Potato Waffle  
Fries  
  
Salad Bar & Milk

**13** Teriyaki Chicken  
Vegetable Fried Rice  
Peas  
  
Salad Bar & Milk

**14** Corn Dog  
Vegetarian Chili  
Roasted Butternut Squash  
Strawberry Ice Cream  
  
❤️ Salad Bar & Milk

**15** VT PIZZA DAY  
Turkey Bacon or Cheese  
Caesar Salad  
Roasted Chickpeas  
  
Salad Bar & Milk

**16** VT Mac & Cheese  
Roasted Broccoli  
Cinnamon Apple Sauce  
  
Salad Bar & Milk

**19** Cheesy Bread Sticks  
Marinara Sauce  
Seasoned Vegetables  
Pears  
  
Salad Bar & Milk

**20** Chicken Tenders  
Baked Potato  
Creamy Slaw  
WW Biscuit  
  
Salad Bar & Milk

**21** Turkey Tacos  
Black Beans  
Shredded Cheese  
Lettuce & Tomato  
Roasted Corn  
  
Salad Bar & Milk

**22** Chicken & Waffles  
VT Maple Syrup  
Roasted Green Beans  
Frozen Blueberries  
  
Salad Bar & Milk

**23** Cabot Grilled Cheese  
Tomato Soup  
Roasted Edamame  
  
Salad Bar & Milk

**26**  
  
No School

**27**  
  
No School

**28**  
  
No School

**29**  
  
No School

#### DAILY VEGETARIAN OFFERINGS:

**MONDAYS-** Meatless Nuggets

**TUESDAYS-** Black Bean Burger

**WEDNESDAYS-** Meatless Chicken Patty

**THURSDAYS-** Veggie Grillers

**FRIDAYS-** Vegetarian Chili

**BURLINGTON SCHOOL FOOD PROJECT**

