

# -2024- MARCH

Kitchen Supervisor- Holly Thompson

## Integrated Arts Academy



### Maple Sugaring Month

We are showcasing locally tapped maple syrup on our menu in March.

#### DAILY VEGETARIAN OFFERINGS:

**MONDAYS-** Veggie Grillers

**TUESDAYS-** Black Bean Burger

**WEDNESDAYS-** Meatless Chicken Patty

**THURSDAYS-** Veggie Grillers

**FRIDAYS-** Black Bean Burger

### MONDAY

4

No School

11

**VT Burger**  
Roasted Potatoes  
Creamy Ranch Slaw

Salad Bar & Milk

18

**Cheesy Breadsticks**  
Marinara Sauce  
Seasoned Vegetables

Salad Bar & Milk

25

**VT Pizza Day**  
Turkey Bacon or Cheese  
Caesar Salad  
Frozen Strawberries

Salad Bar & Milk

### TUESDAY

5

No School

12

**BBQ Roasted Chicken**  
Cauliflower  
VT Maple Baked Beans  
Biscuit

Salad Bar & Milk

19

**Breakfast for Lunch**  
Chicken Sausage, Egg & Cheese Sandwich  
Hashbrown Patty  
Sliced Oranges

Salad Bar & Milk

26

**VT Beef Nachos**  
Black Beans  
Cheese Sauce  
Roasted Corn

Salad Bar & Milk

### WEDNESDAY

6

**Breaded Fish Sticks**  
Potato Wedges  
VT Maple Roasted Carrots

Salad Bar & Milk

13

**Chicken Fillet Sandwich**  
Sweet Potato Waffle Fries  
Cinnamon Apple Sauce

Salad Bar & Milk

20

**Chicken & Waffles**  
w/ VT Maple Syrup  
Frozen Blueberries

Salad Bar & Milk

27

**Cheesy Lasagna**  
Steamed Vegetables  
Roll

Salad Bar & Milk

### THURSDAY

7

**Orange Chicken**  
Vegetable Rice  
Garlic Roasted Broccoli

Salad Bar & Milk

14

**Corn Dog**  
Vegetarian Chili  
Roasted Butternut Squash

Salad Bar & Milk

21

**-Early Release-**

**Deli Sandwiches**  
Chips  
Fruit

28

**Chicken Tenders**  
Mashed Potatoes  
Buttery Peas

Salad Bar & Milk

### FRIDAY

1

No School

8

**VT Pizza Day**  
BBQ Chicken or Cheese  
Caesar Salad  
Cottage Cheese

Salad Bar & Milk

15

**VT Beef Marinara w/ Spiral Noodles**  
Roasted Broccoli Roll

Salad Bar & Milk

22

No School

29

**VT Grilled Cheese**  
Tomato Soup  
Curried Cauliflower

Salad Bar & Milk