

- 2024 -

APRIL

Kitchen Supervisor- Mitzy Foy

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Flynn Elementary School



Signs of Spring are everywhere.

DAILY VEGETARIAN OFFERINGS:

MONDAYS- Meatless Nuggets

TUESDAYS- Black Bean Burger

WEDNESDAYS- Meatless Chicken Patty

THURSDAYS- Veggie Grillers

FRIDAYS- Black Bean Burger

1 Cabot Mac & Cheese
Roasted Cauliflower
Cinnamon Apple Sauce

Fruit & Vegetable Bar
Milk

2 Chicken Corndog
Vegetarian Chili
Roasted Butternut Squash

Fruit & Vegetable Bar
Milk

3 PIZZA DAY
Turkey Bacon or Cheese
Caesar Salad
Cottage Cheese & Pears
Roasted Chickpeas
Fruit & Vegetable Bar
Milk

4 Fish Sticks
Potato Wedges
Honey Roasted Carrots

Fruit & Vegetable Bar
Milk

5 Crispy Chicken Sandwich
Roasted Broccoli
Sweet Potato Waffle Fries

Fruit & Vegetable Bar
Milk

8 
Eclipse Day

9 Cheesy Bread Sticks
Marinara
Herb Seasoned Vegetables

Fruit & Vegetable Bar
Milk

10 VT Beef Burgers w/ cheese
Creamy Slaw
Roasted Potatoes

Fruit & Vegetable Bar
Milk

11 Crispy Chicken Waffles
VT Maple Syrup
Baked Beans
Frozen Strawberries

Fruit & Vegetable Bar
Milk

12 Penne Alfredo
Roasted Broccoli
Garlic Bread

Fruit & Vegetable Bar
Milk

15 **Pizza Day!**
Buffalo Chicken or Cheese
Caesar Salad
Roasted Chickpeas

Fruit & Vegetable Bar
Milk

16 Orange Chicken
Vegetable Rice
Garlic Roasted Broccoli

Fruit & Vegetable Bar
Milk

17 Garlic & Herb Roasted Chicken
Baked Beans
Biscuit

Fruit & Vegetable Bar
Milk

18 Cabot Grilled Cheese Sandwich
Tomato Soup
Roasted Curry Cauliflower

Fruit & Vegetable Bar
Milk

19 Spaghetti & VT Meat Sauce
Roasted Vegetables
Garlic Bread

Fruit & Vegetable Bar
Milk

22 No School

23 No School

24 No School

25 No School

26 No School

29 Cheesy Lasagna
Steamed Vegetables
Roll

Fruit & Vegetable Bar
Milk

30 Crispy Chicken Tenders
Baked Potato
Creamy Coleslaw

Fruit & Vegetable Bar
Milk

