

- 2024 -

# APRIL

Kitchen Supervisor- Holly Thompson

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Integrated Arts Academy



Signs of Spring are everywhere.

### DAILY VEGETARIAN OFFERINGS:

**MONDAYS-** Meatless Nuggets

**TUESDAYS-** Black Bean Burger

**WEDNESDAYS-** Meatless Chicken Patty

**THURSDAYS-** Veggie Grillers

**FRIDAYS-** Black Bean Burger

**1** Cabot Mac & Cheese  
Roasted Cauliflower  
Cinnamon Apple Sauce  
  
Fruit & Vegetable Bar  
Milk

**2** Chicken Corndog  
Vegetarian Chili  
Roasted Butternut Squash  
  
Fruit & Vegetable Bar  
Milk

**3** PIZZA DAY  
Turkey Bacon or Cheese  
Caesar Salad  
Cottage Cheese & Pears  
Roasted Chickpeas  
Fruit & Vegetable Bar  
Milk

**4** Fish Sticks  
Potato Wedges  
Honey Roasted Carrots  
  
Fruit & Vegetable Bar  
Milk

**5** Crispy Chicken Sandwich  
Roasted Broccoli  
Sweet Potato Waffle Fries  
  
Fruit & Vegetable Bar  
Milk

**8**   
Eclipse Day

**9** Cheesy Bread Sticks  
Marinara  
Herb Seasoned Vegetables  
  
Fruit & Vegetable Bar  
Milk

**10** VT Beef Burgers w/ cheese  
Creamy Slaw  
Roasted Potatoes  
  
Fruit & Vegetable Bar  
Milk

**11** Crispy Chicken Waffles  
VT Maple Syrup  
Baked Beans  
Frozen Strawberries  
  
Fruit & Vegetable Bar  
Milk

**12** Penne Alfredo  
Roasted Broccoli  
Garlic Bread  
  
Fruit & Vegetable Bar  
Milk

**15** **Pizza Day!**  
Buffalo Chicken or Cheese  
Caesar Salad  
Roasted Chickpeas  
  
Fruit & Vegetable Bar  
Milk

**16** Orange Chicken  
Vegetable Rice  
Garlic Roasted Broccoli  
  
Fruit & Vegetable Bar  
Milk

**17** Garlic & Herb Roasted Chicken  
Baked Beans  
Biscuit  
  
Fruit & Vegetable Bar  
Milk

**18** Cabot Grilled Cheese Sandwich  
Tomato Soup  
Roasted Curry Cauliflower  
  
Fruit & Vegetable Bar  
Milk

**19** Spaghetti & VT Meat Sauce  
Roasted Vegetables  
Garlic Bread  
  
Fruit & Vegetable Bar  
Milk

**22** No School

**23** No School

**24** No School

**25** No School

**26** No School

**29** Cheesy Lasagna  
Steamed Vegetables  
Roll  
  
Fruit & Vegetable Bar  
Milk

**30** Crispy Chicken Tenders  
Baked Potato  
Creamy Coleslaw  
  
Fruit & Vegetable Bar  
Milk

