Kitchen Supervisor- Edith Ducharme

Smith Elementary



This month, we feature a special recipe developed by 5th grade students.

Their recipe draws inspiration from both **Indian and Thai-style** curries, is packed with fresh veggies and herbs, and is full of flavor.

ENJOY!

DAILY VEGETARIAN OFFERINGS: MONDAYS- Meatless Nuggets

TUESDAYS- Black Bean Burger

WEDNESDAYS- Meatless Chicken Patty

THURSDAYS- Veggie Grillers

FRIDAYS- Black Bean Burger

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cabot Mac & Cheese **Roasted Cauliflower** Cinnamon Apple Sauce

Fruit & Vegetable Bar

Chicken Corndog Vegetarian Chili

Roasted Butternut Squash

Fruit & Vegetable Bar

PIZZA DAY

Turkey Bacon or Cheese Caesar Salad Cottage Cheese &

Pears Roasted Chickpeas Fruit & Vegetable Bar

Fish Sticks Potato Wedges Honey Roasted

Fruit & Vegetable Bar

Carrots

Crispy Chicken

Sandwich Roasted Broccoli **Sweet Potato Waffle** Fries

Fruit & Vegetable Bar

8



Eclipse Day

Cheesy Bread Sticks Marinara

Herb Seasoned Vegetables

Fruit & Vegetable Bar

VT Beef Burgers

w/ cheese Creamy Slaw **Roasted Potatoes**

Fruit & Vegetable Bar Milk

Crispy Chicken

Waffles **VT Maple Syrup Baked Beans** Frozen Strawberries

Fruit & Vegetable Bar

Garlic & Herb Roasted

Chicken **Baked Beans Biscuit**

Fruit & Vegetable Bar Milk

15

Pizza Dav!

Buffalo Chicken or Cheese Caesar Salad **Roasted Chickpeas**

Fruit & Vegetable Bar

No School

Orange Chicken

Vegetable Rice **Garlic Roasted** Broccoli

Fruit & Vegetable Bar

No School

5th Grade Vegetable Curry

w/Tofu or Chicken Toasted Flatbread Mango

Fruit & Vegetable Bar

Cabot Grilled Cheese Sandwich

Tomato Soup Roasted Curry Cauliflower

Fruit & Vegetable Bar

Spaghetti & VT Meat Sauce **Roasted Vegetables**

Garlic Bread

Fruit & Vegetable Bar Milk

22

23

24

No School

25

11

No School

26

No School

Cheesy Lasagna

Steamed Vegetables Roll

Crispy Chicken

Baked Potato Creamy Coleslaw

Fruit & Vegetable Bar

29

Tenders

Milk

Fruit & Vegetable Bar Milk







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This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.