



2025 JANUARY

Burlington School District

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>VEGETARIAN Alternatives:</p> <p>MONDAYS- Meatless Nuggets THURSDAYS- Veggie Grillers</p> <p>TUESDAYS- Black Bean Burger FRIDAYS- Black Bean Burger</p> <p>WEDNESDAYS- Meatless Chicken Patty</p>		<p>1</p> <p>No School</p>	<p>2</p> <p>Chicken & Waffles Maple Syrup Roasted Butternut Squash Fruit & Vegetable Bar Milk</p>	<p>3</p> <p>Breakfast for Lunch Chicken Sausage, Egg & Cheese Hashbrown Fruit & Vegetable Bar Milk</p>
<p>6</p> <p>PIZZA DAY Turkey Pepperoni or Cheese Caesar Salad Roasted Chickpeas Fruit & Vegetable Bar Milk</p>	<p>7</p> <p>Orange Chicken Rice Roasted Broccoli Sliced Oranges Fruit & Vegetable Bar Milk</p>	<p>8</p> <p>Cabot Grilled Cheese Tomato Soup Roasted Curry Cauliflower Fruit & Vegetable Bar Milk</p>	<p>9</p> <p>VT Beef Nachos Black Beans Cheese Sauce Mango & Pineapples w/ Tajin Fruit & Vegetable Bar Milk</p>	<p>10</p> <p>Crispy Chicken Tenders Mashed Potatoes Buttered Peas Fruit & Vegetable Bar Milk</p>
<p>13</p> <p>Cheesy Lasagna Roll Caesar Salad Roasted Chickpeas Fruit & Vegetable Bar Milk</p>	<p>14</p> <p>Roasted Chicken Maple Baked Beans Carrots & Ranch Biscuit Fruit & Vegetable Bar Milk</p>	<p>15</p> <p>Chicken & Cheese Quesadilla Roasted Corn Black Beans Fruit & Vegetable Bar Milk</p>	<p>16</p> <p>Early Release Turkey, Lettuce & Cheese Croissant Chips Veggies Fruit & Vegetable Bar Milk</p>	<p>17</p> <p>Steak & Cheese Sandwich Garlic Roasted Green Beans Fresh Bell Pepper Strips Fruit & Vegetable Bar Milk</p>
<p>20</p> <p>No School</p>	<p>21</p> <p>Cheesy Bread Sticks Marinara Garlic Roasted Broccoli Fruit & Vegetable Bar Milk</p>	<p>22</p> <p>Burger Day Plain or w/ Cheese Maple Baked Beans Spinach & Apple Salad Fruit & Vegetable Bar Milk</p>	<p>23</p> <p>Turkey Tacos Black Beans Roasted Corn Guacamole Fruit & Vegetable Bar Milk</p>	<p>24</p> <p>Chicken Pesto Pizza Roll Marinara Carrots & Ranch Fruit & Vegetable Bar Milk</p>
<p>27</p> <p>Crispy Chicken Sandwich Sweet Potato Waffle Fries Fresh Broccoli & Ranch Fruit & Vegetable Bar Milk</p>	<p>28</p> <p>VT Beef Shepherd's Pie Buttered Peas & Corn Roll Fruit & Vegetable Bar Milk</p>	<p>29</p> <p>PIZZA DAY Turkey Pepperoni or Cheese Caesar Salad Toasted Chickpeas Fruit & Vegetable Bar Milk</p>	<p>30</p> <p>Cindy's Mac & Cheese Curried Cauliflower Carrot Sticks Fruit & Vegetable Bar Milk</p>	<p>31</p> <p>All Beef Hotdog Oven Fries Baked Beans Fruit & Vegetable Bar Milk</p>

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.