

Kale Caesar Salad

Roasted Chickpeas Fruit & Vegetable Bar

Milk

Burlington School District-Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No School	Cheesy Bread Sticks w/ Marinara Caesar Roasted Chickpeas Fruit & Vegetable Bar Milk	Turkish Chicken w/ Flatbread Cucumber Sauce Carrot Sticks Fruit & Vegetable Bar Milk	Turkey Meatball Sub Sweet Potato Waffle Fries Cucumber Coins Fruit & Vegetable Bar Milk	Roasted Chicken Mashed Potatoes Buttery Peas Fruit & Vegetable Bar Milk
7 Crispy Chicken Sandwich Roasted Broccoli Sliced Apples Fruit & Vegetable Bar Milk	8 Creamy Chicken w/ Spiral Noodles Buttery Peas & Corn Fruit & Vegetable Bar Milk	9 All Beef Hotdog Oven Fries Maple Baked Beans Fruit & Vegetable Bar Milk	VT Mac & Cheese Curried Cauliflower Carrot Sticks Fruit & Vegetable Bar Milk	PIZZA DAY! BBQ Chicken or Cheese Pizza Kale Caesar Salad Roasted Chickpeas Fruit & Vegetable Bar Milk
Cheesy Lasagna Roll Roasted Broccoli Fruit & Vegetable Bar Milk	Chicken & Waffles VT Maple Syrup Roasted Butternut Squash Fruit & Vegetable Bar Milk	Turkey Tacos Black Beans Roasted Corn Guacamole Fruit & Vegetable Bar Milk	Cabot Grilled Cheese Tomato Soup Carrots, Celery & Ranch Fruit & Vegetable Bar Milk	Steak & Cheese Sandwich Garlic Roasted Green Beans Fresh Bell Pepper Strips Fruit & Vegetable Bar Milk
No School	No School	No School	No School	No School
28 PIZZA DAY! Buffalo Chicken or Cheese Pizza	Orange Chicken Garlic Roasted Broccoli	Seasoned Turkey Nachos Black Beans	VEGETARIAN Alternatives:	

Cheese Sauce

Mango & Pineapple w/ Tajin

Fruit & Vegetable Bar

Milk

Rice

Fruit & Vegetable Bar

Milk

MONDAYS- Meatless Nuggets THURSDAYS- Veggie Grillers

TUESDAYS- Black Bean Burger FRIDAYS- Black Bean Burger

WEDNESDAYS- Meatless Chicken Patty