

2025

MAY

Burlington School District- Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

VEGETARIAN Alternatives:

MONDAYS- Meatless Nuggets **THURSDAYS-** Veggie Grillers

TUESDAYS- Black Bean Burger **FRIDAYS-** Black Bean Burger

WEDNESDAYS- Meatless Chicken Patty

5

Cheesy Lasagna
Roll
Caesar Salad
Roasted Chickpeas
Fruit & Vegetable Bar
Milk

6

Chicken Tenders
Seasoned Rice
Roasted Broccoli
Fruit & Vegetable Bar
Milk

7

Chicken or Cheese Quesadillas
Roasted Corn
Black Beans
Fruit & Vegetable Bar
Milk

8

Turkey Meatball Sub
Sweet Potato Waffle Fries
Cucumber Coins
Fruit & Vegetable Bar
Milk

9

BBQ Roasted Chicken
Maple Baked Beans
Carrots & Ranch
Fruit & Vegetable Bar
Milk

12

Cheesy Bread Sticks
w/ Marinara
Caesar
Roasted Chickpeas
Fruit & Vegetable Bar
Milk

13

Burger Day
Plain or w/ Cheese
Roasted Potato Fries
Spinach & Apple Salad
Fruit & Vegetable Bar
Milk

14

Turkey, Cheese & Lettuce Croissant
Chips
Vegetables & Ranch
Fruit & Vegetable Bar
Milk

15

Chicken Parmesan Pizza Roll
Marinara
Garlic Roasted Green Beans
Fruit & Vegetable Bar
Milk

16

Baked Ziti
Roasted Broccoli
Roll
Fruit & Vegetable Bar
Milk

19

Crispy Chicken Sandwich
Sweet Potato Waffle Fries
Fresh Broccoli & Ranch
Fruit & Vegetable Bar
Milk

20

Pizza Day!
Turkey Pepperoni or Cheese
Caesar Salad
Roasted Chickpeas
Fruit & Vegetable Bar
Milk

21

All Beef Hotdog
Oven Fries
Baked Beans
Fruit & Vegetable Bar
Milk

22

Cindy's VT Mac & Cheese
Curried Cauliflower
Carrot Sticks
Fruit & Vegetable Bar
Milk

23

Turkish Chicken
w/ Flatbread
Cucumber Sauce
Carrot Sticks
Fruit & Vegetable Bar
Milk

26

No School

27

Breakfast for Lunch
Chicken Sausage, Egg & Cheese
Hashbrown
Fruit & Vegetable Bar
Milk

28

Roasted Chicken
Mashed Potatoes
Buttery Peas
Biscuit
Fruit & Vegetable Bar
Milk

29

Turkey Tacos
Black Beans
Roasted Corn
Guacamole
Fruit & Vegetable Bar
Milk

30

Chicken & Waffles
VT Maple Syrup
Roasted Butternut Squash
Fruit & Vegetable Bar
Milk