

2025

SEPTEMBER

Burlington High School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Labor Day	2 Cabot Mac & Cheese Roasted Vegetables Garlic Bread _____ Spicy Chicken Sandwich Meal	3 BBQ Chopped Chicken Sandwich Meatless Patty Honey Carrots _____ Breakfast Sandwich Meal	4 VT Beef & Bean Nachos Cheese Sauce Roasted Corn _____ Cheesy Breadstick Meal	5 Meatball Sub Veggie Burger Roasted Broccoli _____ Cheese Pizza Meal
8 Cheese Pizza Caesar Salad _____ Chicken Bacon Ranch Sandwich	9 Crispy Chicken Sandwich Vegetarian Patty Roasted Broccoli _____ Buffalo Chicken Wing Meal	10 Cheese Burger Veggie Burger Roasted Cauliflower _____ Breakfast Sandwich Meal	11 General Tso's Chicken Meatless Nuggets Rice Roasted Vegetables _____ Philly Cheese Steak Meal	12 Baked Potato Bar Homemade Chili _____ Cheese Pizza Meal
15 Cheese Pizza Caesar Salad _____ Chicken Tender Meal	16 Sweet & Sour Chicken Meatless Nuggets Rice Roasted Vegetables _____ Cheese Burger Meal	17 Chicken & Rice Bake Meatless Patty Buttered Peas & Corn _____ Turkey Taco Bowl	18 Turkey or Bean Tacos Crunchy Chipotle Slaw _____ Spicy Chicken Sandwich Meal	19 Breakfast for Lunch Cheese Omelete Pancake w/ Maple Syrup Blueberries _____ Cheese Pizza Meal
22 Cheese Pizza Caesar Salad _____ Chicken Bacon Ranch Sandwich	23 Chicken & Waffles Roasted Sweet Potatoes _____ Corn Dog Meal	24 Chicken Shwarma w/ Flatbread Cucumber Sauce Hummus _____ Cheesy Breadstick Meal	25 EARLY RELEASE Turkey, Cheese & Lettuce Croissant Chips Vegetables & Ranch	26 Ramen Bar Chicken or Tofu Assorted Vegetables Broth _____ Cheese Pizza Meal
29 Cheese Pizza Caesar Salad _____ Corn Dog Meal	30 Cabot Mac & Cheese Roasted Vegetables Garlic Bread _____ Cheesy Breadstick Meal			