## DECEMBER

Pre-K to 8 <sup>th</sup> grade				XX	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Chicken Tenders Seasoned Rice Roasted Green Beans Fruit & Vegetable Bar Milk	Chicken or Cheese Quesadillas  Roasted Corn  Black Beans  Fruit & Vegetable Bar  Milk	Buffalo Chicken or Cheese Pizza  Kale Caesar Salad  Roasted Chickpeas  Fruit & Vegetable Bar  Milk	4 Orange Chicken Garlic Roasted Broccoli Rice Fruit & Vegetable Bar Milk	Turkey Meatball Sub Sweet Potato Waffle Fries Cucumber Coins Fruit & Vegetable Bar Milk
8	Cheesy Bread Sticks w/ Marinara Caesar Roasted Chickpeas Fruit & Vegetable Bar Milk	Plain or w/ Cheese Roasted Potato Fries Spinach & Apple Salad Fruit & Vegetable Bar Milk	10 VT Beef Nachos  Black Beans  Cheese Sauce  Mango & Pineapple w/ Tajin  Fruit & Vegetable Bar  Milk	Cabot Grilled Cheese Tomato Soup Carrots, Celery & Ranch Fruit & Vegetable Bar Milk	Spaghetti w/ VT Meat Sauce Roasted Carrot Coins Garlic Bread Fruit & Vegetable Bar Milk
15	Crispy Chicken Sandwich Sweet Potato Waffle Fries Fresh Broccoli & Ranch Fruit & Vegetable Bar Milk	Cindy's VT Mac & Cheese Garlic Roasted Green Beans Carrot Sticks w/ Hummus Fruit & Vegetable Bar Milk	All Beef Hotdog Oven Fries Baked Beans Fruit & Vegetable Bar Milk	18 Misty Knoll Chicken Mashed Potatoes Buttery Peas Biscuit Fruit & Vegetable Bar Milk	Cheesy Lasagna Roll Roasted Broccoli Fruit & Vegetable Bar Milk
22	Breakfast for Lunch Chicken Sausage, Egg & Cheese Hashbrown Fruit & Vegetable Bar Milk	Turkish Chicken w/Flatbread Cucumber Sauce Carrots Sticks Fruit & Vegetable Bar Milk	<b>24</b> No School	25 No School	26 No School
29	No School	30 No School	31 No School	VEGETARIAN Alternatives:  MONDAYS- Meatless Nuggets THURSDAYS- Veggie Grillers TUESDAYS- Black Bean Burger FRIDAYS- Black Bean Burger WEDNESDAYS- Meatless Chicken Patty	