

2026

# MAY

## Elementary & Middle School

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>VEGETARIAN Alternatives:</b> <b>MONDAYS-</b> Meatless Nuggets <b>THURSDAYS-</b> Veggie Grillers <b>TUESDAYS-</b> Black Bean Burger <b>FRIDAYS-</b> Black Bean Burger <b>WEDNESDAYS-</b> Meatless Chicken Patty								1	<b>Cheesy Bread Sticks</b> w/ Marinara Caesar Roasted Chickpeas Fruit & Vegetable Bar Milk
4	<b>Crispy Chicken Sandwich</b> Sweet Potato Waffle Fries Bell Pepper Strips & Hummus Fruit & Vegetable Bar Milk	5	<b>VT Mac &amp; Cheese</b> Roasted Garlic Kale Carrot Sticks Fruit & Vegetable Bar Milk	6	<b>Cheesy Lasagna</b> Roll Roasted Cauliflower Fruit & Vegetable Bar Milk	7	<b>VT Turkey Shepherd's Pie</b> Buttered Peas Roll Fruit & Vegetable Bar Milk	8	<b>Fish Sticks</b> w/ Tartar Sauce Potato Wedges Roasted Green Beans Fruit & Vegetable Bar Milk
11	<b>Cabot Grilled Cheese</b> Tomato Soup Carrots, Celery & Ranch Fruit & Vegetable Bar Milk	12	<b>Chicken &amp; Waffles</b> Vt Maple Syrup Roasted Butternut Squash Fruit & Vegetable Bar Milk	13	<b>All Beef Hotdog</b> Oven Fries Baked Beans Fruit & Vegetable Bar Milk	14	<b>PIZZA DAY!</b> <b>Turkey Pepperoni or Cheese Pizza</b> Caesar Salad Roasted Chickpeas Fruit & Vegetable Bar Milk	15	<b>VT Farm-Raised Chicken</b> Mashed Potatoes Roasted Corn Biscuit Fruit & Vegetable Bar Milk
18	<b>VT Burger Day</b> Plain or w/ Cheese Roasted Potato Fries Spinach & Apple Salad Fruit & Vegetable Bar Milk	19	<b>Breakfast for Lunch</b> Chicken Sausage, Egg & Cheese Sandwich Hashbrown Fruit & Vegetable Bar Milk	20	<b>VT Beef Nachos</b> Black Beans Cheese Sauce Mango & Pineapple w/ Tajin Fruit & Vegetable Bar Milk	21	<b>Turkish Chicken</b> w/ Flatbread Sauce Cucumber Sauce Carrot Sticks Fruit & Vegetable Bar Milk	22	<b>Turkey Meatball Sub</b> Sweet Potato Waffle Fries Cucumber Coins Fruit & Vegetable Bar Milk
25	<b>No School</b>	26	<b>Crispy Chicken Tenders</b> Oven Roasted Fries Garlicky Green Beans Roll Fruit & Vegetable Bar Milk	27	<b>Chicken or Cheese Quesadillas</b> Roasted Corn Black Beans Fruit & Vegetable Bar Milk	28	<b>Orange Chicken</b> Maple Soy Broccoli Rice Fruit & Vegetable Bar Milk	29	<b>Spiral Pasta w/ VT Meat Sauce</b> Roasted Carrot Coins Garlic Bread Fruit & Vegetable Bar Milk

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.