NOVEMBER
SCHOOL LUNCH MENU

BURLINGTON HIGH SCHOOL

Available Daily: Fresh Fruit and Vegetable Bar, Variety of Milk and Grab & Go Salads and Sandwiches

2 MONDAY	3 TUESDAY	4 WEDNESDAY	5 THURSDAY	6 FRIDAY
Classic Tacos (Beef or Bean) *OR* **Cheesy Breadsticks** *Lettuce, Tomato, Salsa Corn and Bean Salsa*	**VT Turkish Baked Potato Bar w/ Spiced Beef Flatbread** *OR* **BBQ Pulled Chicken Sandwich** *Buttered Corn, Maple Baked Beans, Red Cabbage & Apple Slaw*	**Sweet and Savory Beef or Tofu Bowl w/ Brown Rice** *OR* **Chicken Tenders w/ Biscuit** Broccoli *& Carrots, Red Bell pepper Strips*	**Cabot Grilled Cheese Sandwich Housemade Soup** *OR* **Chicken Parmesan** *Roasted Chickpeas*	**Maine Fish Sticks/Vegan Grillers/Crispy Tofu** *OR* **Chicken Tenders Buttermilk Biscuit,** *Sweet Potato Fries, Creamy Coleslaw*
9 MONDAY	**10 TUESDAY**	**11 WEDNESDAY**	**12 THURSDAY**	**13 FRIDAY**
Chicken Fillet Sandwich/VT Bean Burger *OR* **VT Meat Sauce w/ Pasta** *Sweet Potato Wedges, Tomato Salad*	NO SCHOOL	***Butter Chicken*** *OR* ***Hot Dog Basket*** *Cucumber Rita, Jeera Rice, Flatbread*	***Buffalo Chicken Salad/Turkey Sandwich*** *OR* ***VT Beef Shepard's Pie*** *Housemade Soup, Celery & Carrot Sticks*	**VT Mac & Cheese** *OR* **Chicken Tender Wrap** Garlic Green Beans, Carrots, Dinner Roll
16 MONDAY	**17 TUESDAY**	**18 WEDNESDAY**	**19 THURSDAY**	**20 FRIDAY**
Pasta Bar w/ Breaded Chicken Fillet Marinara, Pesto, or Alfredo *OR* **Cheesy Breadsticks w/ Marinara** *Baby Kale Caesar Salad*	**VT Roasted Drumsticks** OR **Breakfast Sandwich** *Home fries, Sesame Noodles, Spicy Red Cabbage Slaw*	**Burrito Bar Chicken/Beef Bean** OR **VT Beef Burger** *Lettuce, Tomato, Guacamole, Rice*	**American Baked Potato Bar** OR **Chicken & Waffles** Steamed Brocoli, Housemade Chili	**NYC Chopped Cheese** OR **Baked Pasta Bowl** Green Beans, Red Bell Pepper Strips
23 MONDAY	**24 TUESDAY**	**25 WEDNESDAY**	**26 THURSDAY**	**27 FRIDAY**
NO	**SCHOOL**	**THANKSGVING**	**RECESS**	**!!!**
30 MONDAY				
Tuna/Turkey/Turkey Ham Sandwich OR **Pizza** *Spinach Salad* *Housemade Soup*				

This institution is an equal opportunity provider